

“CRIB SHEET” FOR MADDY’S THREE CARD READING – SUIT OF WANDS (ACE-10)

	Take care (card 2)	Main focus (card 1)	Advice (card 3)
1	Accept that things are not moving as swiftly as you hoped.	Optimism, Bursting with energy, new ideas, inspiration.	Go for IT!
2	Relax and trust, sometimes things take a while to happen.	Anxious anticipation of success. A positive, if anxious, card.	Make a decision, commit, then go for it!
3	Things will come together- have hope.	Things are going well “hopeful anticipation”	Have confidence in yourself. Be positive, be Bold!
4	Don’t over indulge or descend into laziness...	Happy home, joy, celebration and trust.	Take the time to enjoy life, celebrate the good things.
5	Don’t get drawn into petty arguments.	Debate, discussion, competition and wrangling..	See the opportunities in the challenges.
6	Your goal may be important- but that does not justify “any means”	Victory and success!	When you act with confidence- you are a magnet for success.
7	You must be decisive; don’t procrastinate.	Be your own, unique self.	Follow your instinct and you’ll be great.
8	Stay focused, there’s a lot happening- keep an eye on the details.	Synchronicity- it’s out of your hands.	Things are moving quickly- trust your instincts, they are going well.
9	Don’t keep expecting the worst to happen.	A card of healing, taking a break and being well prepared.	Make sure you take a break, look after yourself.
10	Put something down!	Having a lot to do –you can maintain this for a while.	You have a busy period ahead, and the strength to cope.

Shuffle the cards, and ask “How should I best be”

Deal the cards;

1(centre)-main focus, 2(left)- take care 3(right) advice

“CRIB-SHEET” FOR MADDY’S THREE CARD READING- SUIT OF CUPS (ACE-10)

	Take care (card 2)	Main focus (card 1)	Advice (card 3)
1	Letting go of past hurts, allowing you move forward.	Love overflowing, inspiration, happiness.	New, happy emotions; love, friendship, creative venture...
2	Arguments are 80% past issues being triggered...don't argue about past hurts.	Equal, respectful relationships- creating magic.	You will achieve much, with another.
3	Make time for friends, they can be very uplifting and inspiring.	Friendship, fun and celebration.	Enjoy life with an open heart.
4	It's o.k. to feel bored and stuck in a rut, that's when inspiration strikes!	When we wait for a while, in peace; inspiration strikes.	Time to focus on “inner work” meditation, dreaming, visualisation (duvet day)
5	Stop. If you have feelings of sadness- take the time to feel them today.	Feeling sad. Maybe about a past issue, or something you wish you had done?	Release you're your past sadness, put on a smile and start a new day.
6	Judging today a failure because it doesn't match your memories?	Sweet memories of happy days, perhaps feeling nostalgic?	Inspired by your memories; create a great day.
7	Don't waste all your days dreaming, time to take practical action now to make it happen.	A card of day dreams, contemplations and imaginings.	Honour your need to day dream, it is an important part of creating and manifesting.
8	Do you fear to committing to something; a person, project or hope?	The only way to get true perspective (and decide whether to persevere or let go) is with a little distance.	Try and get some space alone, listen to & trust your intuition.
9	Treat yourself to a day of distraction and confront your problems with a clear mind tomorrow.	The wish card. Enjoy life and life will be more enjoyable.	Optimism and good cheer will bring great blessings.
10	Spend time with those you love, enjoy your blessings.	Happiness, love, joy and fulfilment	Spend time with those you love, enjoy your blessings.

SUIT OF SWORDS, CRIB SHEET

	Take care (card 2)	Main focus (card 1)	Advice (card 3)
1	Stick to your goal with clear focus.	Clarity, new ideas, clear focus.	Be inspired!
2	Procrastination. Lack of involvement, avoiding a decision.	Calm, careful consideration.	Look inwards to make a calm decision.
3	Don't dwell on sadness	Sadness, sorrow, regret.	Be honest about how you feel. Express yourself.
4	Clear mental clutter.	A break, a rest, contemplation.	Make time to be still and contemplate- you need a rest.
5	Stay centred and calm, don't engage in power play.	Communication problems, power plays, someone is trying to control (is it you?)	The Van Gogh element- believe in yourself, even if no-one else does.
6	Feeling stuck? Try to break out of old habits & feelings- move on.	You are guided on still waters. Doing just fine.	Don't fight. Relax, go with the flow, the spirits (your own unconscious) are guiding you.
7	Be wary over confidence, being too quick, tripping you up...	Original thinking- a touch of the trickster.	"blue sky thinking" follow your own ideas, don't be boxed in.
8	As you start to have more confidence, beware others might find this difficult.	Restricted by your own lack of self confidence & self limiting thoughts.	Believe in yourself.
9	Watch out for others (or yourself) blaming you for everything...	Overwhelming fears, worries and stress.	Write a list of your worries, and one thing you can do to help for each problem. Then take a real worry break.
10	Don't over react, stay calm.	Feeling out of control.	Don't keep all your emotions inside. Express them, release and let go.

“CRIB SHEET” FOR MADDY’S THREE CARD READING – SUIT OF PENTACLES (ACE-10)

	Take care (card 2)	Main focus (card 1)	Advice (card 3)
1	If you asked about job, money, health, home: be patient things will get sorted.	Great blessings for health, home, job, money... A new start in any of these!	Success, happiness and a sense of peace concerning physical matters (job, money, health..)
2	Are you avoiding an important issue?	Life's a bit of a juggle right now.	Relaxed, calm focus will help.
3	Are you procrastinating?	A “work” card, creating something amazing. Not necessarily paid work.	“Work” that satisfies on all levels- do you know what this refers to?
4	Be prudent and pay attention to details.	A card of financial security. In times of chaos useful; but reminding you enough is abundance.	Your finances and health are enough.
5	Fear of loss should spur you on!	Fear of loss. Make sure you accept help when it is offered (you are worth it)	Focus on being financially honest- incomings and outgoings.
6	Beware of you (or others) using generosity as a subtle means to control.	You have enough money and some left over; enjoy.	Be generous, and accept others generosity.
7	Perhaps you've worked hard, and are not happy with the outcome? Take a pause and consider what next.	A time to reflect on what you've done. Enjoy your harvest.	Your hard work will be rewarded with a good harvest and the seed of a new idea.
8	You need self-discipline right now.	A “work card” Apprentice; self discipline and hard work.	Lose yourself in your “work” (not necessarily employment!)
9	It is OK to accept help from others.	Security, self-confidence, abundance and independence.	Enjoy your success; you've worked hard to get here.
10	Practice appreciation not accumulation.	Abundance, stability, firm foundations.	Financial abundance (even if only finding a lost £20 and enjoying spending it!)

"CRIB SHEET" FOR MADDY'S THREE CARD READING – MAJOR ACARNA 1-7

	Take care (card 2)	Main focus (card 1)	Advice (card 3)
1 The Magician	You are struggling to find a clear vision of what it is you want. Create that clear vision.	I will The start of something, you have strength of will & determination to make it happen.	With your strength of will power, optimism & determination anything is possible.
2 The High priestess	Perhaps you have spent too long contemplating, time to get on with life.	I am Quiet introspection, connecting with the “divine” and inner self.	Spend some time in quiet solitude connecting with yourself.
3 Empress	Nurture yourself, value yourself. All good things start with you.	I create Rampant abundance, creativity, passion and fun. Represents “mother”	A reminder to have some fun, follow your passions. Enjoy.
4 Emperor	Are you allowing others to dominate you, or are you dominating others?	I Organise Organisations, authority & self discipline... Represents “father”	You need to be logical, self disciplined and organised.
5 Hierophant	Watch out for dogma ruling your decisions...	Face of the divine The pontiff represents the bridge to the divine, how we connect to our Gods.	Now is a good time to connect with your spiritual side, using the wisdom of others (groups, study, books etc)
6 Lovers	Surrender the micro management, go with the flow a little.	I choose Every moment is a choice, even if we are unaware of it.	Be pro-actively aware of all the choices you have today.
7 Chariot	Rein it in a little, with all that drive to succeed you need a break.	I succeed Triumph, success, forging ahead through your own efforts.	Yes. Go for it. Make the effort- it will be worthwhile.

"CRIB SHEET" FOR MADDY'S THREE CARD READING – MAJOR ARCANA 8-14

	Take care (card 2)	Main focus (card 1)	Advice (card 3)
8 Strength	Use the “feminine” virtues of compassion, kindness and empathy to help.	Fortitude “Courage in adversity” Doing what you believe is the right thing, even if its scary.	Be bold. Be courageous. Feel the fear and do it anyway.
9 The Hermit	Try to tune into your intuition (spirit guides, higher guidance) for some advice.	Guidance. From yourself (intuition) or a person offering you support and guidance.	Is someone offering you good advice, support and guidance (or are you being called upon to play this role?)
10 The Wheel of Fortune	You are trying to resist change. Let go and trust.	Change. If you feel unsettled find the still spot within you, prepare to adapt.	Things are changing for the better.
11 Justice	Don't expect the world, or others to be “fair”. But still try to act with integrity yourself.	Fairness With justice you get what you deserve. Reaping the seeds that you have sown.	Things will work out “fairly” whether that is to your advantage or not.
12 The Hanged Man	Things might take a little longer than expected.	Looking within Try looking at things from a different perspective.	Make space for your spiritual life (yoga, meditation, tarot etc.)
13 Death	You are hanging on to a status quo that no longer works. Let Go!	Release Clearing away of old things that no longer serve you. (though change is always difficult)	Facing change with acceptance, hope and trust. Letting go.
14 Temperance	Excess, extremes. A toxic mix of stress (or people) in your life.	Moderation Moderation & balance in all things.	Things are coming together nicely. Keep the balance.

"CRIB SHEET" FOR MADDY'S THREE CARD READING – MAJOR ARCANA 15-21

	Take care (card 2)	Main focus (card 1)	Advice (card 3)
15 The Devil	Are you using something as an excuse to "let yourself off"?	Control Something is controlling, trapping you. (job, fear, guilt, a person, greed).	Stepping free from what was restricting you.
16 The Tower	Avoid being fixed and rigid; adapt to changes as they happen.	Unexpected change Unexpected change, loss and disruption. "Illumination" a sudden understanding or awareness.	Be prepared for a flash of inspiration that might force you to make changes.
17 The Star	If things seem difficult- still focus on your hopes, and don't make fear based decisions.	Hope Hopeful optimism. A genuine blessing.	Embrace optimism, hope, self confidence and good cheer. Smile.
18 The Moon	Suggests a state of confusion due to fear/illusions and delusions. Stay focused- it won't last long.	Fears The moon reflects (and therefore distorts) light. To understand this- try reading mirror writing.	Pay attention to dreams, hunches and intuition. They will offer invaluable insight.
19 The Sun	Spend time doing something you enjoy, it lifts the spirits.	Joy Confidence, playfulness, things going well and you feeling good.	Get outside; play, sing, dance, have fun. Laugh.
20 Judgement	You know what you want to do- stop procrastinating.	Knowing Knowing what you want to do (right now, or with your life.) If you haven't realised it yet- be still and hear your own heart.	You know what you want to do... Now do it!
21 The World	A slight delay, but things will work out successfully.	Successful completion Everything working out for the best.	Success! Be confident, things are working out well.

"CRIB SHEET" FOR MADDY'S THREE CARD READING – COURT CARDS; WANDS & CUPS.

	Take care (card 2)	Main focus (card 1)	Advice (card 3)
King Wands (ENTP)	People are drawn to your energy- make space for you too.	Inspirational	Trust that your vision will inspire you and others!
Queen Wands (INTJ)	Don't over-ride everyone with that strong persuasive will of yours!	Because I can	Today you will get what you want- due to attitude and determination.
Knight Wands (ENFP)	Ground all that enthusiasm, you must act upon your enthusiasm.	Allons-Y	Jumping in with drive, determination and a smile...
Princess (page) Wands (INFJ)	Watch out, this page becomes easily discouraged.	Free spirit	Your energy and optimism are contagious, and will win the day.

	Take care (card 2)	Main focus (card 1)	Advice (card 3)
King Cups (ESFJ)	Don't repress your feelings for too long, honour & express them.	Chivalrous	Put your feelings to one side to do what's needed. (but not for long)
Queen Cups (ISFP)	Are you focusing on nurturing others to mask your own needs?	Agony aunt	Use your skills as a natural counsellor and healer to help smooth the way.
Knight Cups (ENFJ)	Be careful, you may be so focused on your dreams you fall over your feet!	Charmer (Byron)	Express yourself; write, paint, sing, create...
Princess (page) Cups (INFP)	Don't be easily seduced (by an idea, a person, a dream...)	Dreamer	Your openness and trust will help others to work with you.

"CRIB SHEET" FOR MADDY'S THREE CARD READING – COURT CARDS; SWORDS & PENTACLES

	Take care (card 2)	Main focus (card 1)	Advice (card 3)
King Swords (ESTJ)	It is OK to change your mind...	Truth, tempered by wisdom	Be logical, honest and compassionate.
Queen Swords (ISTP)	Soften your words a little...	Truth, regardless	Speak up for yourself with honesty.
Knight Swords (ENTJ)	Rein it in a little, that's too focused and too fast.	GO....!	Believe in yourself, your focus and determination.
Princess (page) Swords (INTP)	Are using your skills in communication to remain detached and uninvolved?	Truth seeker	Use your curiosity, inquisitiveness and humour today.

	Take care (card 2)	Main focus (card 1)	Advice (card 3)
King Pentacles (ESTP)	Beware becoming over focused on the finances and practical.	Worldly success	Find contentment and enjoyment in everyday life.
Queen Pentacles (ISTJ)	Life doesn't have to be over managed.	Earth Mother	Common sense, good hearted, tea & cake nurturing.
Knight Pentacles (ESFP)	Don't get stuck in a rut!	Careful Planner	Failure to plan is to plan to fail...
Princess (page) Pentacles (ISFJ)	Take a break from your own high standards (of perfection)	Study	Pay attention to the details.